

# ALL STAFF TO COMPLETE DAILY!

Give to your Supervisor when complete.

Name:

Date:

Are you experiencing any of the following:

- Severe difficulty breathing (e.g. struggling to breathe or speaking in single words)
- Severe chest pain
- Having a very hard time waking up
- Feeling confused
- Losing consciousness

YES  NO  If NO, go to next question.

**If YES, go to Emergency or call 911. Do not return to work until you call your local health care provider and they clear you.**

Are you experiencing any of the following:

- Shortness of breath at rest
- Inability to lie down because of difficulty breathing
- Chronic health conditions that you are having difficulty managing because of difficulty breathing

YES  NO  If NO, go to next question.

**If YES, call your local health care provider. Return to work only if they clear you.**

Are you experiencing any of the following:

- Fever
- Cough
- Sneezing
- Sore throat
- Difficulty breathing

YES  NO  If NO, go to next question.

**If YES, go home. Self isolate. Call your local health care provider. Return to work only if they clear you.**

Have you travelled to any countries outside Canada (including the United States) within the last 14 days?

YES  NO  If NO, go to next question.

**If YES, go home. Self isolate for 14 days. Call your local health care provider for advice.**

Did you provide care or have close contact with a person with COVID-19 (probable or confirmed) while they were ill (cough, fever, sneezing, or sore throat)?

YES  NO  If NO, go to next question.

**If YES, self monitor for symptoms for 14 days. If symptoms develop, self isolate and call your local health care provider. Return to work only if they clear you.**

Did you have close contact with a person who travelled outside of Canada in the last 14 days who has become ill (cough, fever, sneezing, or sore throat)?

YES  NO  If NO, (and if you have said no to everything else above) you can go to work.

**If YES, self monitor for symptoms for 14 days. If symptoms develop, self isolate and call your local health care provider. Return to work when they clear you.**